



The of Sweden

THE ÖREBRO REGION



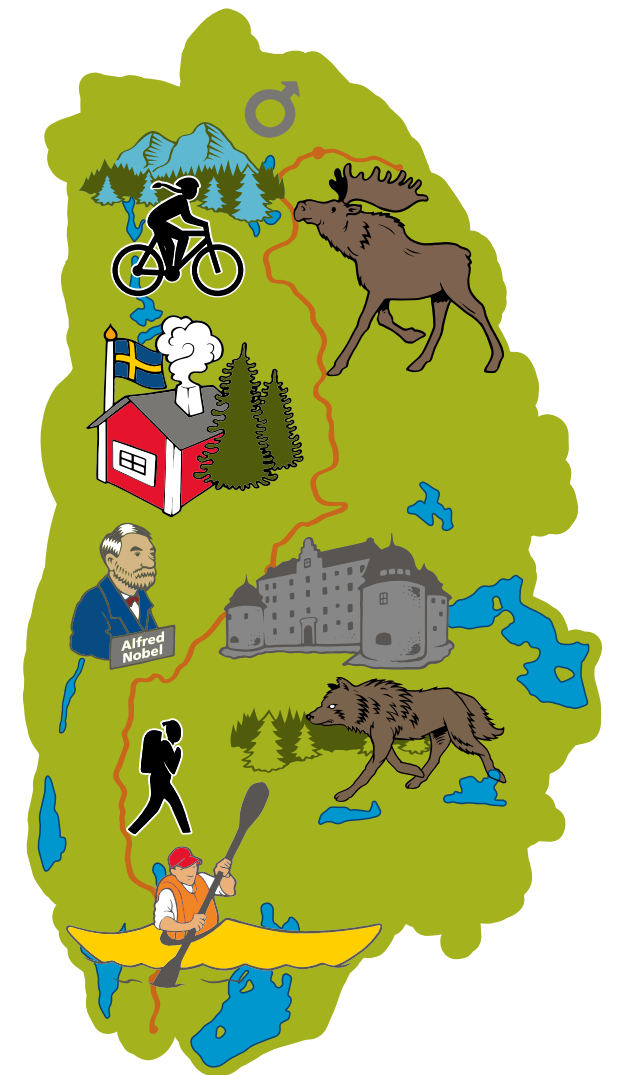


Welcome to The Heart of Sweden

The Heart of Sweden is the Örebro Region, situated at Sweden's demographic center – with Stockholm, Oslo and Gothenburg just a few hours away. Here you will find Bergslagsleden, one of Sweden's finest lowland trails, interconnecting the region like arteries. Running parallel to Bergslagsleden and through its enchanting wilderness, are our wonderful bike trails measuring some 1,000 kilometres.

You can choose among our many canoe and kayak waterways which connect our lakes with the cities in the region, allowing you to travel from the conveniences of the city to secret archipelagos, or after visiting forest trolls, paddle to the historic castle in central Örebro. Throughout its beautiful natural surroundings, you will find traces of Swedish history which take you back in time to the iron and mining industry, when people here lived in castles and cabins.

The city's close proximity to nature allows you the opportunity to discover the praised wood buildings in Maria Lang's town of Nora, the Lake Vättern's shores in the port Askersund or why not discover Alfred Nobel's city of Karlskoga. Stay in hotels of the very best quality in Örebro, the county's largest city, and enjoy the city's wide range of fine dining and culture. Explore one of Sweden's most beautiful National Parks in Tiveden. It is mostly pathless and inaccessible but also infinitely inviting with bewitching forests, clear lakes, views and flat rocks carpeted with lichen.



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6. Inspiration



20. Map - Places not to miss



22. Countryside stayings



28. City stayings



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Go hiking

Do you enjoy hiking? Then you've come to the right place. The 280 kilometres long Bergslagsleden runs like an artery through the region. It is divided into 17 stages that are between 7 and 22 km long. No other lowland path in Sweden brings you so many opportunities to enjoy the vastly large forests, wildlife, lakes and pristine mires. On the Bergslagsleden you trek through the old trace iron industry with its well-preserved mining areas and huts from Bergslagen's heyday.

The trail passes many nature reserves, including the county's two national parks. Here you can experience protected nature in its pristine, undisturbed form. These nature reserves and parks represent the Örebro Region's varied nature with everything from deep enchanted forests to swamps, ravines and flowered meadows. The increasingly popular sport of trail running, is attracting more and more participants to the Bergslagsleden. Our hilly paths are a challenging environment, so even the most experienced runners will find it a match.

www.bergslagsleden.se



Sweden's largest mountainbike area

The Örebro Region has Sweden's largest cycling area – Bergslagen cycling – with its world class mountain bike trails, from the north to the south of the region. With over 1,000 kilometres of dedicated, signed mountain bike trails, there are varying difficulty levels for both the beginner and elite cyclist, or for those just wanting to experience nature. Enjoy the laidback, green signed trails or the long, more technical black trails – there's a challenge for everyone.

When biking on our trails you'll be passing by historical sites, from burial cairns to foundries. Experience how the mining operations and inland ice have left their mark on the landscape.

www.bergslagencycling.com





Enjoy our waterways

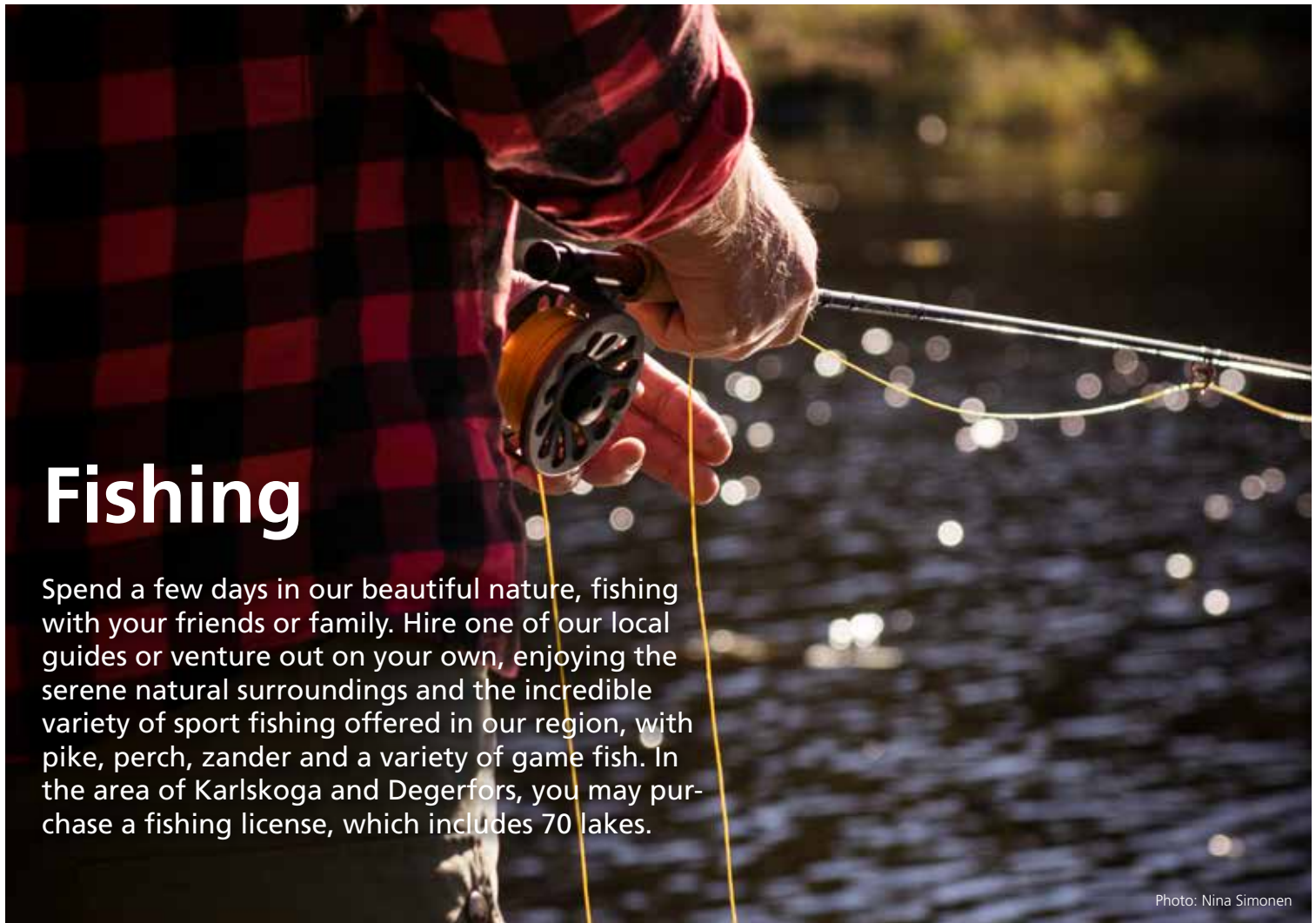
There are many opportunities to enjoy the surroundings by water in the Örebro Region. The county offers some of the most varied canoeing and fishing waters available. You may choose to paddle in Lake Vättern's beautiful archipelago or to slowly glide down a winding river, with the wilderness your nearest neighbour. There are several different kinds of fishing to choose from, in a great number of fishing waters, from Sweden's two largest lakes, Lake Vättern and Lake Hjälmaren, to the smaller secluded forest lakes and streams.



Canoeing

Paddle along the winding, narrow rivers in the Bergslagen wilderness or along the plentiful plains of the province of Närke – right into the center of Örebro and its magnificent medieval castle.

There are five canoeing routes with prepared camp grounds with shelters, toilets and fire rings. At Lake Vättern's archipelago, you can paddle a kayak and enjoy the crystal clear waters of the bustling archipelago.



Fishing

Spend a few days in our beautiful nature, fishing with your friends or family. Hire one of our local guides or venture out on your own, enjoying the serene natural surroundings and the incredible variety of sport fishing offered in our region, with pike, perch, zander and a variety of game fish. In the area of Karlskoga and Degerfors, you may purchase a fishing license, which includes 70 lakes.

A person wearing a bright pink jacket and black pants is cross-country skiing on a snowy trail. The trail is marked with yellow lines and curves through a winter forest. The trees are covered in snow, and the ground is a smooth, white expanse. The person is in the lower right quadrant of the image, moving towards the viewer.

Winter paradise

The Örebro Region offers wonderful winter activities. You can choose from both cross country skiing and downhill. Our magnificent waterways provide excellent conditions for long-distance skating. Or why not try snowshoeing on one of our trails.

Our ski trails run in the delight wilderness of Kilsbergen, through its forests and endless marshes. Storstenshöjden offers several lifts and slopes for those wishing to ski downhill.

Discover the fascination of ice skating – gliding quickly and silently over shiny lake ice on a sparkling winter day.

Try snowshoeing – an exciting and new way of hiking around in the winter landscape. With snowshoes on your feet, you are completely independent of following the trail of the terrain.



Underground adventures

Mining has been around in Sweden since the 13th century and was carried on early on in our parts. It has been an important industry for the Swedish economy and has an exciting history. There are several mines in our region that offer guided tours to visitors.

There is Lockgruvan – one of Sweden's oldest iron ore mines – where ore was mined for almost 800 years, until 1909. There is also Knalla Gruva, which offers experiences 200 metres under the ground and 150 years back in time as well as a mining museum and a café.

You can experience these and other mining environments when you visit our region where you can literally go underground.



Citylife and culture

In the Örebro Region, there are towns for all tastes and desires. From the bustling city life with fashionable shopping and historical castles, to quaint wooden towns filled with culture and history, and everything in between.

After a delicious dinner at one of our excellent restaurants, sleep peacefully in a city hotel or choose accommodation in a natural environment. Whatever you choose, you are always close to the cultural experiences like Opera på Skäret, Konst på Hög or a visit to the Alfred Nobel's Björkborn.

Passion for food

With a justifiable number of restaurants and cafés in the famous White Guide* – Scandinavia's leading restaurant guide – we can confirm that what started in Grythyttan in the 70s has now taken on regional importance.

Maybe a seed was sown for this gastronomic region already in the 18th century when Cajsa Warg – who came from Örebro – published her book: Guide to Housekeeping for Young Women, a work that set the tone for cooking for many generations to come.

The 250th anniversary of the book was celebrated in 2005 at the Cookbook Museum in Måltidens Hus, Grythyttan – the only one of its kind in Scandinavia. Here you will find lots of cookery books from the four corners of the world.

The region's restaurants, cafés and food producers offer local and international taste experiences. For example, you can milk a sheep at Bredsjö Gård and then enjoy home-made crispbread with cheese made from the milk.



*White Guide is the leading guide system in Scandinavia. In Sweden, the restaurant guide has been published since 2005. Every year, about 800 restaurants are tested and assessed, of which 600 get a place in the guide. Since 2013, the White Guide Café has also been published. It presents and assesses Sweden's 250-300 best cafés based on the coffee and cakes offered.

1. Opera på Skäret

Experience world-class opera by the shore of Lake Ljusnaren in the heart of Bergslagen. The unusual opera house in its scenic setting is part of the experience. The acoustics of the former warehouse for floated wood are unsurpassed even by the world's big stages – as witnessed, not least, by many of the world-famous performers who have sung here over the years.

www.operapaskaret.se



2. Alfred Nobel's Björkborn

The Nobel Museum in Karlskoga shows Björkborns Herrgård, Alfred Nobel's last Swedish home, and the laboratory where he developed many of his inventions. Next to Alfred Nobel's own laboratory is Fiffiga Huset, an experiment workshop with clever technical ideas and exciting phenomena for children of all ages. Join one of our dramatized guided theatre tours to Alfred Nobel's time.

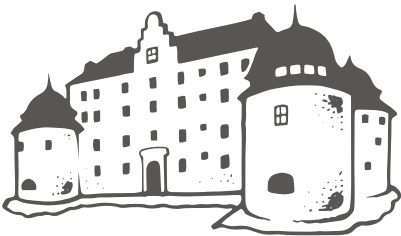
www.nobelkarlskoga.se



3. Örebro Castle

Travel back in time at Örebro's mediaeval royal castle, which is beautifully located in the centre of Örebro. Here you can go on ghost walks, hunt for treasure or join a guided tour that will take you from the castle's dark, damp dungeons for prisoners of war, thieves and witches up to the splendid halls built for kings like Karl IX and Karl XIV Johan.

www.visitorebro.se



4. Tiveden National Park



Tiveden National Park is one of Sweden's most beautiful. It is mostly pathless and inaccessible but also infinitely inviting with bewitching forests, clear lakes, views and flat rocks carpeted with lichen. Here you can hike, canoe and fish in a unique environment. Enjoy the silence in this inviting, roadless landscape.

www.tiveden.se

6. Kvarntorp

Kvarntorp outdoor recreation area is exciting and unique and offers lots of activities and experiences in nature, culture and outdoor life. At the top you can experience "Konst på hög", a sculpture exhibition in a unique environment. Here you can also mountain bike, ski or practise running surrounded by fantastic views. Kvarntorpshögen is an old slag heap that consists of the remains from the oil shale industry in the area. Parts of Kvarntorpshögen are marked as 'hot areas' as they are still burning under the ground.

www.visitkumla.se



5. Pershyttan

Pershyttan Culture Reserve is a well-preserved miners' village with traditions of ore-mining and iron production that date back to the Middle Ages. In Pershyttan, you can experience nature, culture and exciting outdoor activities, including the region's popular MTB areas. Whether you hike, run or cycle, you will see how the mining and inland ice have shaped the landscape.

www.bergslagen.se



7. The archipelago of northern Lake Vättern

The archipelago of northern Lake Vättern in the southern part of the county is a popular destination for pleasure boats and canoeists. Boats, kayaks and canoes are available to hire. It is a fantastic experience to glide slowly among the skerries and islets in a kayak.

www.visitaskersund.se



8. Breven

Brevens Bruk, located about 50 km south-east of Örebro, is a well-preserved and beautiful works setting with buildings from the 17th century onwards. The area also has craft shops, art exhibitions, a museum, café and restaurant/pub. There are also footpaths, cycleways and a place to swim. The midsummer celebrations in Breven are a 200-year-old tradition that attracts crowds of visitors from near and far. Breven's Bruk is classed as a cultural-historical environment of national interest.

www.brevens.se



9. Kilsbergen nature area



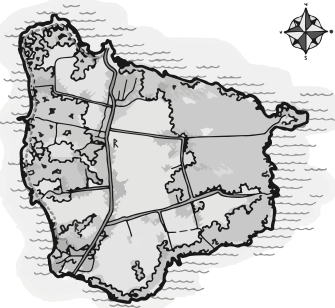
Just 20 min from Örebro city, you'll find nature experiences out of the ordinary. Hike, cycle, fish, canoe or just swim and enjoy yourself. In the winter, there are miles and miles of long-distance ski tracks in the forests, and at the nearby Storstenshöjden it's all about downhill skiing and snowboarding. There is also accommodation and a restaurant if you want to stay a bit longer.

www.visitorebro.se

10. Vinön

Experience Lake Hjälmaren's biggest island Vinön. You can take the free ferry here. Vinön has lovely footpaths, shops, restaurants and a guest harbour. It's best to leave the car on the mainland and bring your bike or walk around the island.

www.visitorebro.se



11. Open Art

Open Art – the summer's biggest art event – will take over the city centre of Örebro in the summer. Some 70 artists from around the world will show their work for almost three months. In the heart of one of Sweden's most beautiful city centres, summer visitors will be able to experience art where they least expect it. Open Art is arranged every other year.

www.openart.se



COUNTRYSIDE STAYINGS

Experience the feel of the countryside and Swedish nature in accommodation that offers a unique sense of peace and quiet in a homely environment. If you stay too long, you may not want to go home.



Photo: Ove Lundkvist



1. Aspa herrgård
2. Hamgården Nature Resort
3. Ånnaboda Storstenshöjden
4. PerOlofGården
5. Hemma hos Martha & Anders
6. Hult Säteri
7. Naturliv B&B
8. Lindesberg Stadshotell

1. Aspa herrgård



Rent your private and luxurious manor house a few days, or a full week. 4 fully equipped houses with each a unique concept for vacations and outdoor activities.

Address:
Aspa Herrgård
696 93 Aspa bruk

Phone: +46 583-503 60

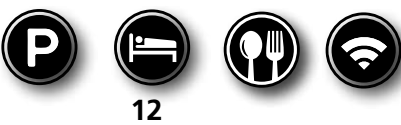
E-mail: info@aspaherrgard.se

Website: www.aspaherrgard.se

Recommended activites nearby:
Relaxing, hiking, biking, swimming, mountain biking, fishing, kayaking.

Tourist attractions nearby:
Tiveden National Park, Lake Vättern, Askersund city, Göta canal, The Fortress of Karlsborg.

2. Hamgården Nature Resort



Hamgården, the new holiday resort in the heart of Tiveden, welcomes you to spend a couple of wonderful days in a typical Swedish environment.

Address:
Tiveden Baggekärr 8
695 97 Tived

Phone: +46 584-47 40 30

E-mail: info@hamgarden.se

Website: www.hamgarden.se

Recommended activites nearby:
Hiking, biking, fishing, canoeing, kayaking, trailrunning, snowshoeing, riding, swimming.

Tourist attractions nearby:
Tiveden National Park, Göta canal.

3. Ånnaboda Storstenshöjden



In the company of silence, you can enjoy a good night's sleep, whether you stay in our hotel, one of our cottages or at the campsite. At Ånnaboda Storstenshöjden there are a total of 166 beds and 330 campsite pitches.

Address:
Ånnaboda 320
719 41 Garphyttan

Phone: +46 19-29 55 00

E-mail: info@annaboda.com

Website: www.annaboda.com

Recommended activites nearby:
Skiing, mountain biking, trailrunning, hiking, fishing, swimming.

Tourist attractions nearby:
Garphyttan National Park, Örebro Castle, Wadköping.

4. PerOlofGården



PerOlofGården is a hotel and meeting place set among the fantastic lakes of central Sweden. A great meeting place for hotel guests, nature lovers and conference participants looking for the perfect hideaway.

Address:
Lerbäck PerOlofGården 326
694 96 Åsbro

Phone: +46 583-405 35

E-mail: info@perolofgarden.se

Website: www.perolofgarden.se

Recommended activites nearby:
Hiking, mountain biking, golf, fishing.

Tourist attractions nearby:
Askersund city, Knalla Tourist mine, Lerbäck labyrinth, Lerbäcks theater.

5. Hemma hos Martha & Anders



Sleep well in our ecological accommodation with nature as your nearest neighbour. We make your bed with linen sheets, for your comfort and because it is sustainable.

Address:
Perstorp
695 97 Tived



Phone: +46 76-209 09 45

E-mail: martha@marthaochanders.se

Website: www.marthaochanders.se

Recommended activites nearby:
Hiking, biking, riding, canoeing, kayaking, swimming.

Tourist attractions nearby:
Tiveden National Park, The Fortress of Karlsborg, Göta canal.





6. Hult Säteri



At Hult Säteri the rooms are all named after the seasons. Book the Summer's night or Winter's day room. It is easy to find peace in our game-rich surroundings. There are wild boar, roe deer, red deer and wolves.

Address:
Järle
713 91 Nora

Phone: +46 587-500 70

E-mail: info@hultsateri.se

Website: www.hultsateri.se

Recommended activites nearby:
Hiking, mountain biking.

Tourist attractions nearby:
Wooden town Nora, Pershyttan cultural reserve, heri-
tage railway, nature reserve Skärmarbodabergen and
Järleån.





7. Naturliv B&B



Stay in an exclusive B&B at Brandstorps Gård with nature around the corner. Enjoy our relaxation area with a whirl-
pool and sauna.

Address:
Brandstorp 407
705 98 Lillkyrka

Phone: +46 70-358 90 58

E-mail: info@naturliv.se

Website: www.naturliv.se

Tourist attractions nearby:
Örebro Castle, Wadköping.





8. Lindesberg Stadshotell



Genuine city hotel with hotel- and hostel accommodation at the square in Lindesberg with a situated overlooking view over Lindessjön. A tavern open during the summer next to the lake.

Address:
Kungsgatan 24
711 30 Lindesberg


Phone: +46 581-124 50

E-mail: info@lindesbergstadshotell.se

Website: www.lindesbergstadshotell.se

Recommended activites nearby
Mountain biking, biking, hiking and shopping.

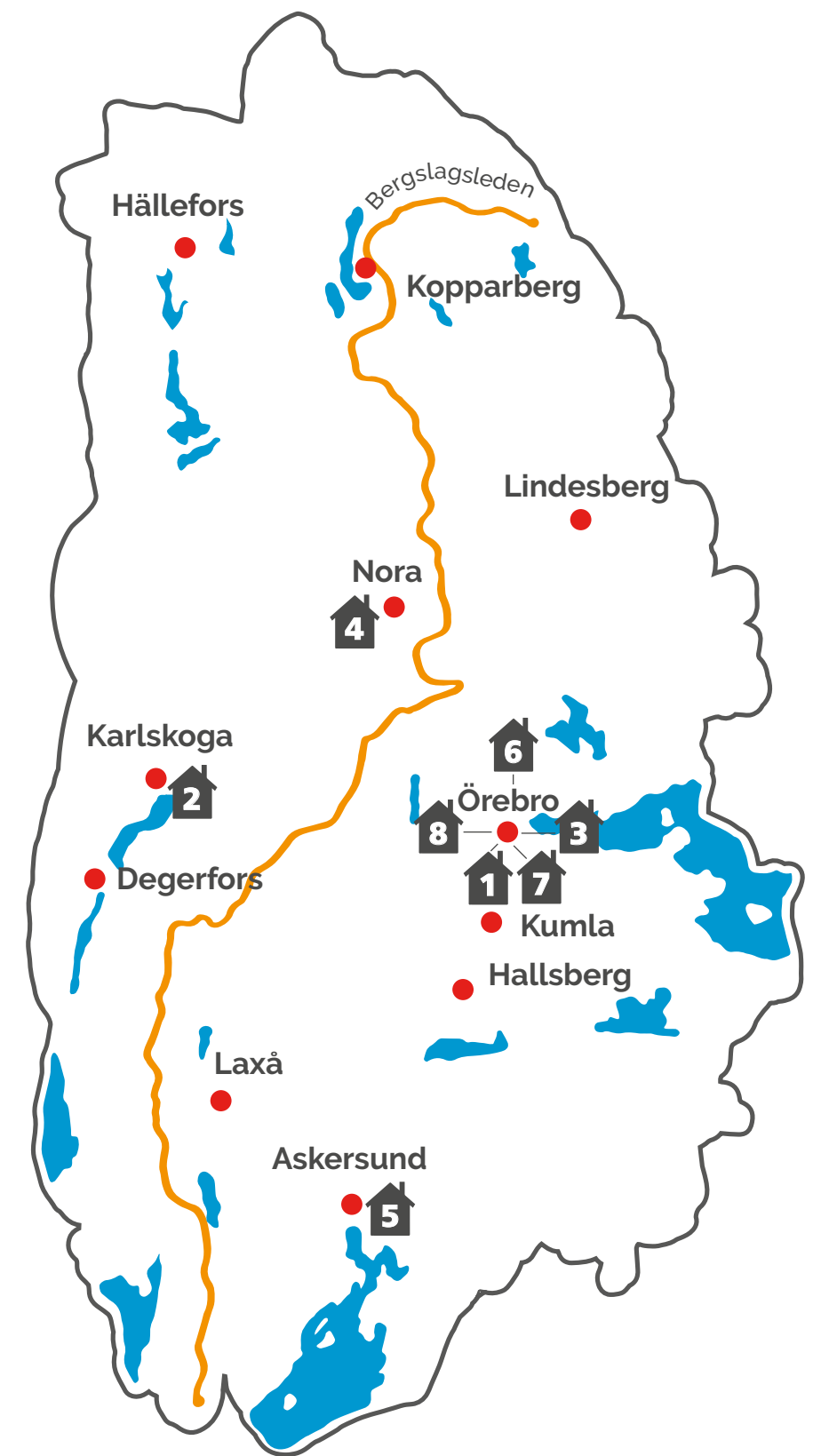
Tourist attractions nearby:
Siggebohyttans Bergsmansgård, wooden town Nora,
Pershyttan culture reserve, Stripa mining environment,
adventure swimhouse of Energikällan, adventure golf.





CITY STAYINGS

Stay in Örebro – the chief town – or one of the picturesque towns in the Heart of Sweden. There is a pallet of high-class hotels and more personal accommodation with shopping and good food round the corner to choose from.



1. Behrn Hotell
2. Hotell Alfred Nobel
3. Clarion Hotel Örebro
4. Nora Stadshotell
5. Best Western Hotel Norra Vättern
6. First Hotel
7. Clarion Collection Hotel Borgen
8. Elite Stora Hotellet

1. Behrn Hotell



Centrally located in a building from 1860 with individual-ly and lovingly furnished rooms. Our family-owned hotel offers elegance and a friendly atmosphere.

Address:
Stortorget 12
702 11 Örebro

Phone: +46 19-12 00 95

E-mail: info@behrnhotell.se

Website: www.behrnhotell.se

Recommended activites nearby:
Shopping, hiking, Gustavsvik water park.

Tourist attractions nearby:
Örebro Castle, nature reserve Oset Rynningeviken, Kilsbergen nature area, Wadköping, Karlslund cultural reserve.





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2. Hotell Alfred Nobel



Hotell Alfred Nobel is situated in Karlskoga, not far from the bus station and within walking distance of restau-rants, shops and attractions. We offer a good experience at a reasonable price.

Address:
Torget 1
691 31 Karlskoga

Phone: +46 586-364 40

E-mail: info@hotellalfrednobel.com

Website: www.hotellalfrednobel.com

Recommended activites nearby:
Fishing, adventure house Boda borg.

Tourist attractions nearby:
Karlskoga city, Alfred Nobel's mansion Björkborn, Karlskoga motor stadium.





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3. Clarion Hotel Örebro



Clarion Hotel Örebro offers an international environment filled with art, music and modern design in a great loca-tion in the centre of Örebro, with dining, shopping and cultural attractions just around the corner.

Address:
Kungsgatan 14
702 11 Örebro

Phone: +46 19-670 67 00

E-mail: cl.orebro@choice.se

Website: www.choice.se/clarion/orebro

Recommended activites nearby:
Shopping, wine tasting, hiking, Gustavsvik water park.

Tourist attractions nearby:
Örebro Castle, Wadköping, nature reserve Oset Rynningeviken, Kilsbergen nature area, Karlslund cultural reserve.





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4. Nora Stadshotell



Care, service and quality characterise the hotel. It is situated by the cobblestone square in the wooden town of Nora, which has been awarded the prestigious Europa Nostra medal for its preservation of old buildings.

Address:
Rådstugugatan 21
713 31 Nora

Phone: +46 587-31 14 35

E-mail: info@norastadshotell.se

Website: www.norastadshotell.se

Recommended activites nearby:
Mountain biking, hiking, shopping.

Tourist attractions nearby:
Pershyttan cultural reserve, heritage railway, wooden town Nora.





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5. Best Western Hotel Norra Vättern



Askersund, a wooden town close to Tiveden National Park, is the perfect place to spend a night or more, near the archipelago in Sweden's second biggest lake Vättern.

Address:
Klockarebacken
696 30 Askersund


Phone: +46 583-120 10

E-mail: info@norravattern.se

Website: www.norravattern.se

Recommended activites nearby:
Hiking, mountain biking, canoeing, kayaking, fishing, shopping.

Tourist attractions nearby:
Tiveden National Park, Stjersund Castle, Askersund centre and harbour, Knalla Tourist Mine, Venus chocolate house.



6. First Hotel



First Hotel enjoys a central location in Örebro with easy access to shopping and sightseeing and within walking distance of the city centre and train station. Our rooms are uniquely decorated and designed in a classic, modern style.

Address:
Storgatan 24
703 61 Örebro

Phone: +46 19-611 73 00

E-mail: boka@hotellorebro.se

Website: www.firsthotels.se/orebro

Recommended activites nearby:
Shopping, hiking, Gustavsvik water park.

Tourist attractions nearby:
Örebro Castle, Wadköping, nature reserve Oset Rynningeviken, Kilsbergen nature area, Karlslunds cultural reserve.



7. Clarion Collection Hotel Borgen



The hotel is set in a historic building from the 1800s, a stone's throw from the historic castle and close to restaurants and shopping. Afternoon snacks and an evening meal served daily to all our guests.

Address:
Klostergatan 1
703 61 Örebro

Phone: +46 19-20 50 00

E-mail: cc.borgen@choice.se

Website: www.nordicchoicehotels.se

Recommended activites nearby:
Shopping, hiking, Gustavsvik water park.

Tourist attractions nearby:
Örebro Castle, Wadköping, nature reserve Oset Rynningeviken, Nature area Kilsbergen, Karlslund cultural reserve.



8. Elite Stora Hotellet



The hotel is beautifully situated near Örebro Castle by River Svartån, close to restaurants and shopping. It was built in 1858 and is one of Sweden's most prestigious hotels.

Address:
Drottninggatan 1
702 10 Örebro

Phone: +46 19-15 69 00

E-mail: storahotellet.orebro@elite.se

Website: www.elite.se/orebro

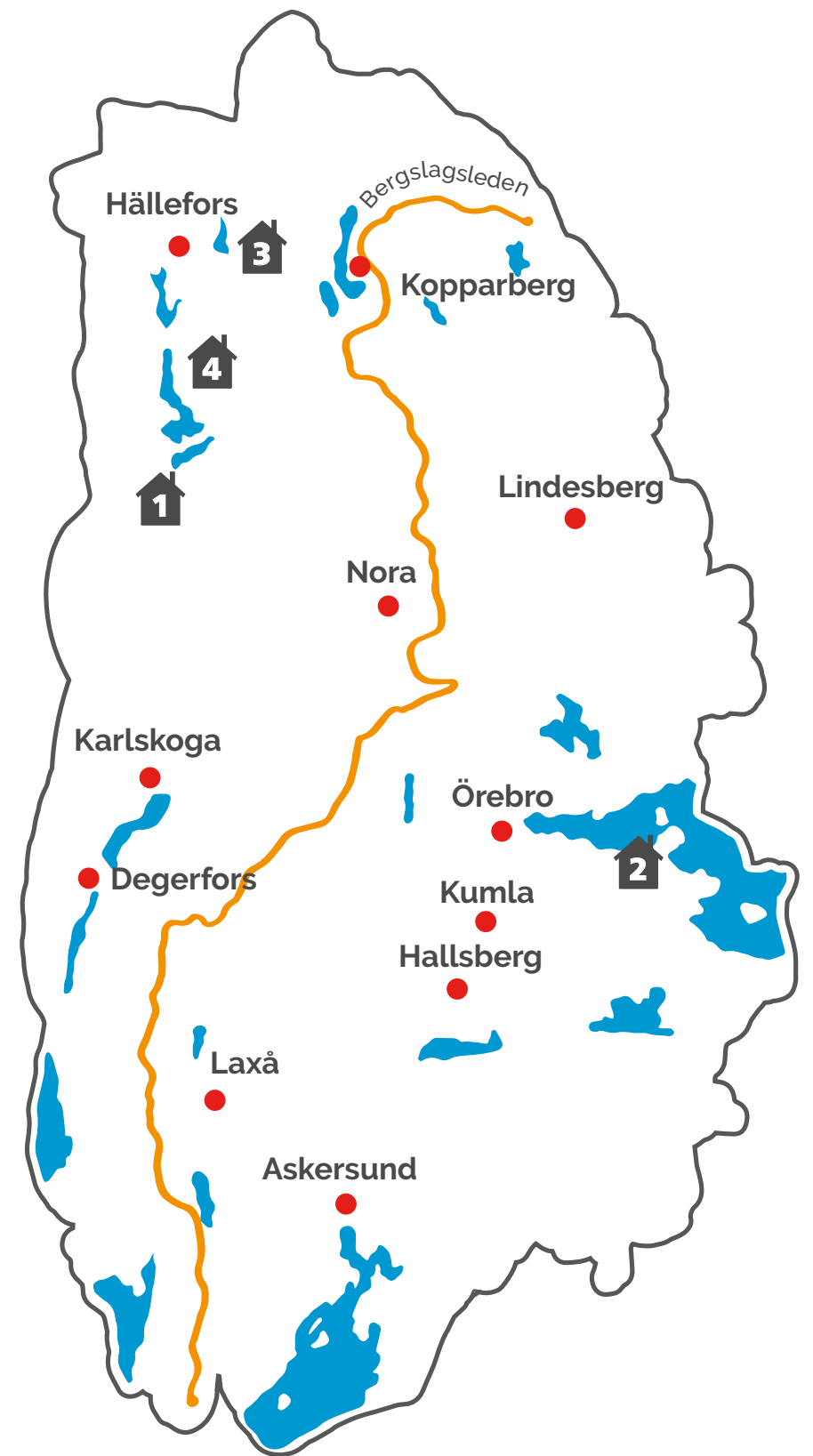
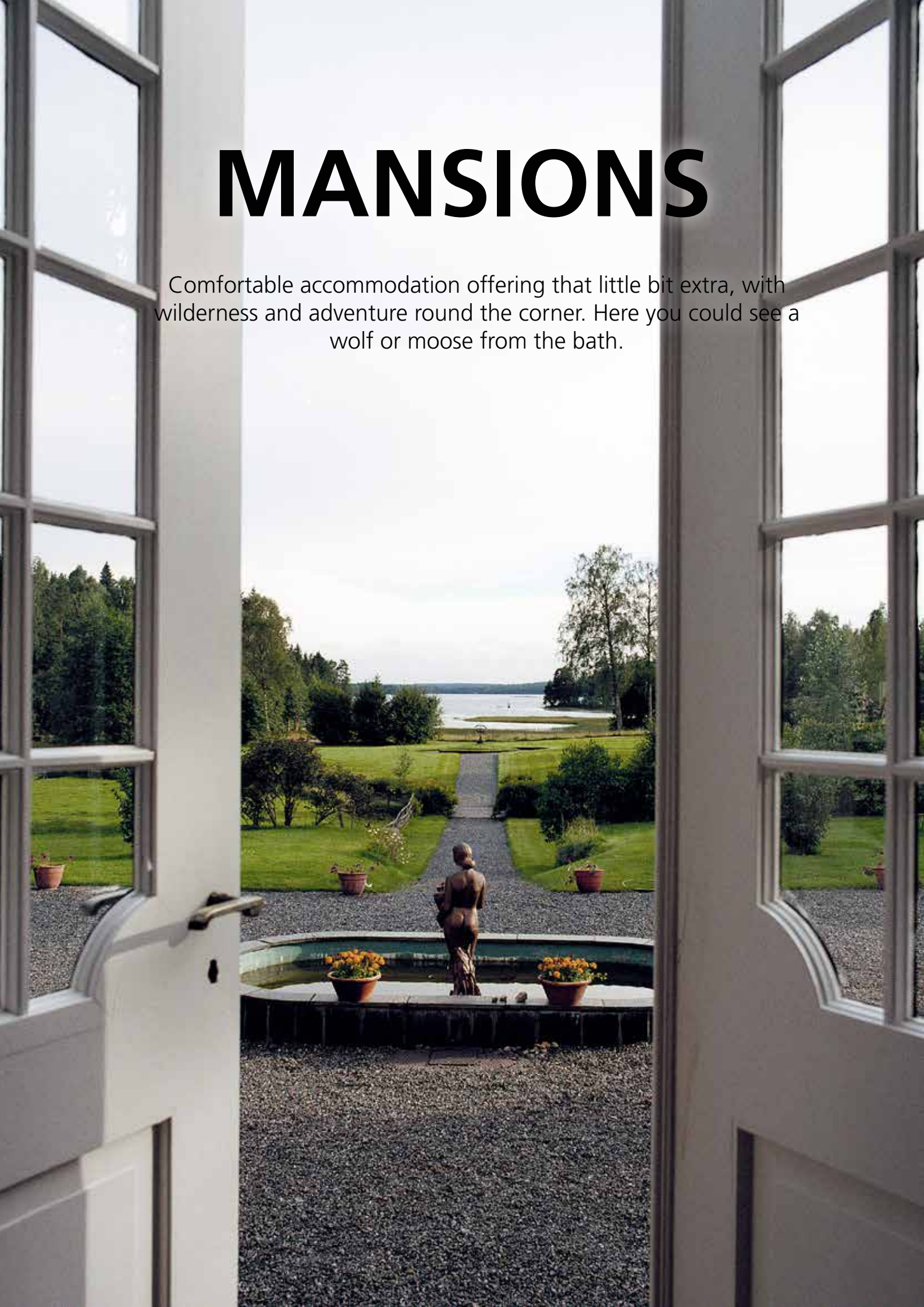
Recommended activites nearby:
Shopping, hiking, Gustavsvik water park.

Tourist attractions nearby:
Örebro Castle, Wadköping, nature reserve Oset Rynningeviken, Kilsbergen nature area, Karlslund cultural reserve.



MANSIONS

Comfortable accommodation offering that little bit extra, with wilderness and adventure round the corner. Here you could see a wolf or moose from the bath.



1. Loka Brunn
2. Katrinelund
3. Sikfors Herrgård
4. Grythyttan Gästgivaregård

1. Loka Brunn



Loka Brunn has been owned by the Spendrup family since 2007. Our goal is to preserve the origins of the spa and offer our guests a unique and memorable experience enhanced by personal service.

Address:
Loka Brunn
712 94 Grythyttan

Phone: +46 591-631 00

E-mail: info@lokabrunn.se

Website: www.lokabrunn.se

Recommended activites nearby:
Mountain biking, fishing, hiking, gym, spa treatments, swimming.

Tourist attractions nearby:
Wooden town Nora, Grythyttan wine, Måltidens hus, Murstensdalen nature reserve, Opera på Skäret.



2. Katrinelund



Enjoy the views over Lake Hjälmaren and treat your taste buds to the kitchen's gastronomy. We hope our commitment and love for what we do will give you a holistic experience that exceeds your expectations.

Address:
Katrinelund 470
715 92 Stora Mellösa

Phone: +46 19-44 90 60

E-mail: info@katrinelund.se

Website: www.katrinelund.se

Recommended activites nearby:
Swimming, nature ice skating, biking, fishing.

Tourist attractions nearby:
Julita open air, island Vinön, Örebro Castle.



3. Sikfors Herrgård



A relaxing combination of high-standard accommodation, inspirational cooking and wide range of outdoor activities. This manor house, built in 1849, is an ideal base for the wealth of activities in the surrounding area.

Address:
Sikfors 14
712 93 Hällefors

Phone: +46 591-151 15

E-mail: info@sikfosherrgard.se

Website: www.sikfosherrgard.se

Recommended activites nearby:
Mountain biking, hiking, fishing, canoeing, kayaking.

Tourist attractions nearby:
The small village of Grythyttan, Bredsjö cheese cafe and farm shop, wooden town Nora, heritage railway.



4. Grythyttan Gästgivaregård



Grythyttan Inn has been open since 1640. Its kitchen has been well regarded for many years and it boasts a first-class wine cellar. The accommodation offers individually decorated rooms.

Address:
Prästgatan 2
712 81 Grythyttan

Phone: +46 591-633 00

E-mail: welcome@grythyttan.com

Website: www.grythyttansgastgivaregard.se

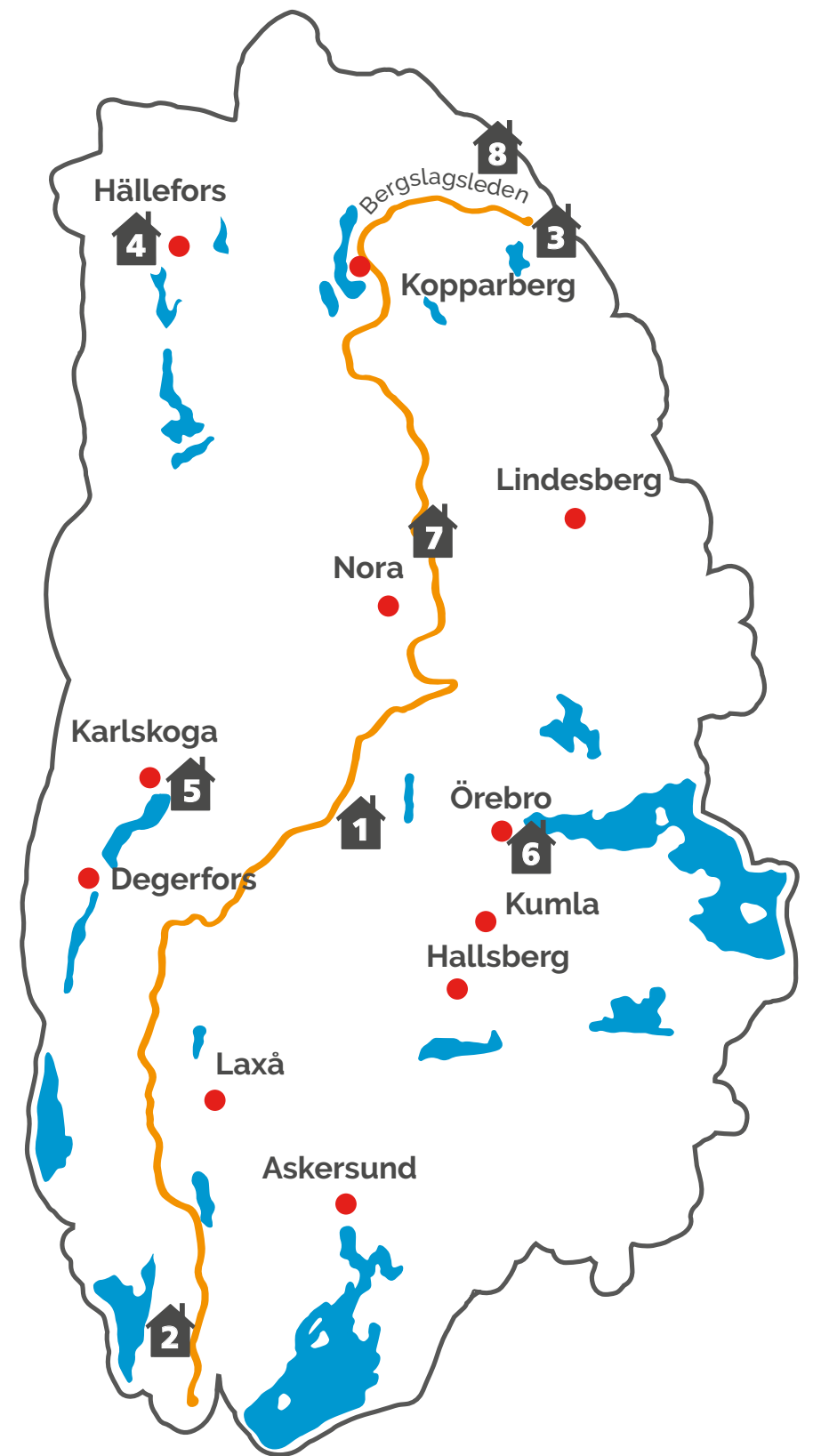
Recommended activites nearby:
Spa treatments, mountain biking.

Tourist attractions nearby:
The small village of Grythyttan, Bredsjö cheese cafe and farm shop, wooden town Nora, Opera på Skäret.



ACTIVE STAYINGS

Look out for wolves in Tiveden or paddle a canoe in northern Bergslagen – choose the adventure that suits you best. Maybe you just want to sit back, drink coffee and enjoy the fire.



1. Lanna Lodge
2. Ösjönäs
3. Nordic Discovery
4. Hällefors Vandrarhem och Kanotcenter
5. Boda Borg
6. Gustavsvik
7. Uskavi
8. Kloten fritidsby

1. Lanna Lodge



Stay in our mini-suite, a luxury double room or our hotel village. Whatever you choose, you will get a high level of comfort and nature round the corner. Take the chance to relax after a round of golf or an MTB tour.

Address:
Vretavägen 3
719 93 Vintrosa

Phone: +46 19-16 40 70

E-mail: info@lannalodge.se

Website: www.lannalodge.se

Activites:
Golf, gym, relax, mountain biking.

Stay here:
Choose among a newly built hotel and budget packages in the basic hotel village.



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2. Ösjönäs



Join us and discover the trolls’ magical forests and waters. The forest kingdom of Tiveden is located in the heart of Sweden and in it Ösjönäs, where you will always stay close to a lake with wilderness round the corner.

Address:
Ösjönäs
695 97 Tived

Phone: +46 505-250 22

E-mail: vildmark@osjonas.se

Website: www.osjonas.se

Activites:
Tiveden national park, hiking, biking, riding, canoeing, kayaking, tree top adventure, mindfulness and yoga.

Stay here:
Choose among different accommodations.



3. Nordic Discovery



Outdoor activities all the year round in one of Sweden’s biggest nature reserves. Hire of canoes, kayaks, bicycles, rowing boats, ice skates, snow shoes and camping equipment in Malingsbo-Kloten Nature Reserve.

Address:
Handelsbobacken 2 Kloten
714 91 Kopparberg

Phone: +46 73-035 00 75, +46 70-255 19 84

E-mail: info@nordicdiscovery.se

Website: www.nordicdiscovery.se

Activites:
Moose safari, beaver safari, canoeing and kayaking tour, wolf tracking tour on snowshoes, ice skating tour.

Stay here:
Hostel with self-catering facilities.



4. Hällefors Vandrarhem och Kanotcenter



The canoe centre is located just outside the centre of Hällefors near River Svartälven. An ideal place to start or end your canoeing, hiking or cycle tour. We hire out canoes. Conveniently located for visiting Grythyttan.

Address:
Saxhyttevägen 2
712 34 Hällefors

Phone: +46 73-812 56 01

E-mail: info@halleforskanot.com

Website: www.halleforskanot.com

Activites:
Canoeing and kayaking, guided tours in canoe, kayak and bike, ice sculpting workshops, winter program with different activities.

Stay here:
Different kinds of hostel rooms.



5. Boda Borg



Boda Borg adventure house offers experiences unlike any other. Dive into a world of unusual experiences where you can walk from the rainforest to the computer game as easily as from the conference hall to the space rocket.

Address:
Gösta Berlingsväg 51
691 38 Karlskoga

Phone: +46 586-77 11 30

E-mail: karlskoga@bodaborg.se

Website: www.bodaborg.se/karlskoga

Activities:
Experience adventure on our Quests together with your teammates. Take on the challenge and battle your way through some of our 25 quests with more than 100 different rooms.

Stay here:
10 apartments with self catering.



6. Gustavsvik



Experience Sweden's greatest water park adventure – Lost City – within walking distance of the centre of Örebro and with a five-star campsite if you want to stay close to the adventure.

Address:
Gustavsviksvägen 11
702 30 Örebro

Phone: +46 19-19 69 00

E-mail: bad@gustavsvik.se

Website: www.gustavsvik.se

Activities:
Water park, relax, gym.

Stay here:
We offer accommodation at a 5-star campsite or in modern and comfortable cottages.



7. Uskavi



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Uskavi is a campsite with holiday villages situated next to the lake Usken and is located with direct proximity to fishing water, hiking- and bike trails and nature reserves.

Address:
Tre sjöars väg
713 94 Nora


Phone: +46 73-035 00 75, +46 70-255 19 84

E-mail: uskavi@uskavi.se

Website: www.uskavi.se

Activities:
Hiking, canoeing, fishing, biking, play miniature golf and swimming.

Stay here:
Choose among different accommodations.



8. Kloten fritidsby



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Klotens Fritidsby is located in one of Swedens largest nature conservation areas of Malingsbo Kloten, which offers rich waters for fishing, canoeing and nice hiking trails.

Address:
Sågkullevägen 15
714 91 Kopparberg


Phone: +46 587-883 00

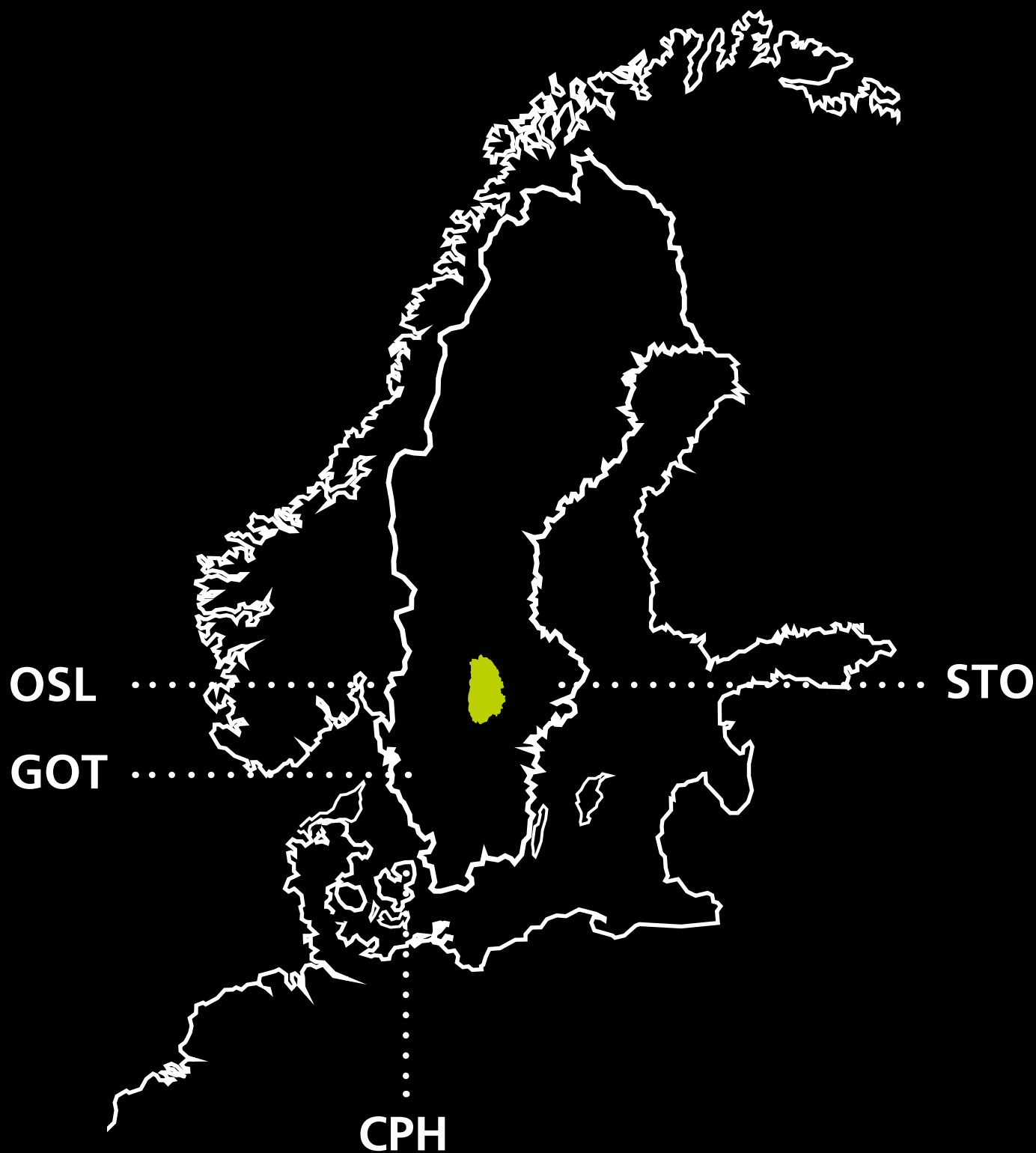
E-mail: info@kloten.nu

Website: www.kloten.nu

Activities:
Hiking, canoeing, fishing, biking, play miniature golf or tennis, swimming, cross country skiing, jigging and sauna bath.

Stay here:
Choose among different accommodations.





contact@theheartofsweden.com

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